

# Volunteer Befriender, Holbeck Together



## What the role involves and skills required

- Supporting older local residents in LS11 via weekly visits or phone calls that enhance the social well-being of often isolated people, living alone or with limited social contact.
- You will talk to them and through regular friendly conversations ensure they feel supported and able to access any additional services if required.
- You will need good listening and communication skills, empathy, a caring non-judgemental attitude and a sense of humour.
- Some volunteers carry out regular short walks with the person they support although this is not a requirement of the role.
- Time commitment is flexible, involving a weekly commitment of 2-3 hours usually during weekday daytimes and ongoing reliability is essential.
- Volunteers do not provide any personal care or medication to clients.
- Record keeping of your visits and any identified needs/concerns is required.
- All visits or calls take place within confidentiality and boundaries guidance, which you will be briefed on as part of your induction.
- A DBS check is required for all volunteer roles, which is paid for by the organisation and a criminal record does not automatically exclude you from volunteering.
- Holbeck Together operates a Covid-safe environment for all its volunteers and staff, you will be given full instructions as part of your volunteer induction.

## What can I gain from this role?

- Training and Induction is provided as part of your role as well as out-of-pocket expenses.
- You will be joining a friendly team of volunteers who help deliver different roles for services across the organisation.
- This role may suit people wanting to gain social care experience with older people although the role itself is not a practical care role.

- You can access a variety of training and support across Holbeck Together via your Volunteer Coordinator.

## Who we are...

Holbeck Together have supported the older community of Holbeck for over 25 years and now take a community-wide approach to supporting younger people and families. We are committed to creating opportunities for people of all ages and contributing to a vibrant Holbeck community.

We are at an exciting time in our development as a charity, in response to the growing and emerging needs of our community, we are at a point of change and expansion. We now work with more local people, organisations and businesses than ever before in new and exciting ways.

We need as many hands on deck as possible! Whatever your skills, interests or experience, there are opportunities for you to get involved. We try to build volunteering opportunities around individuals, so please get in touch to find out how you can give and gain.

Email Chris on [chris@holbecktogether.org](mailto:chris@holbecktogether.org) or call 0113 245 5553