



## Keeping warm together

We've had a fantastic summer full of activities enjoyed by everyone, with trips to Scarborough, Lytham St. Anne's, a river cruise and a ride on the East Lancashire Railway.

However, these warm memorable trips have been set against the emerging challenges we face as colder, shorter days draw. With household incomes dropping in real-time and the rising costs of energy and food. Many are facing difficult times.

When Covid hit, as an organisation we had to adapt quickly and flexibly to support people. This experience means we can confidently adapt and support in many ways through the challenges we all may face this Winter.

Our Social Supermarket remains open for affordable food – and we

are hoping to extend our opening hours shortly.

We provide an affordable, daily hot meal service, either at our luncheon clubs or delivered to your door.

Our Healthy Holidays project will be returning for the Christmas period after a successful summer which saw 86 children and their families have a summer of fun, including trips to Yorkshire Wildlife Park, football and baking sessions.

We are working with other support groups and organisations in Holbeck to create 'Holbeck Warm Spaces' for people to gather and stay warm this Winter without having to worry about the impact on their bills. More information on this will be announced over the coming weeks.

We also want to take this opportunity to acknowledge that we, as an organisation, hit a big milestone this Autumn – 30 years of supporting the Holbeck community. It's been an honour to have been part of this community for the last 30 years and we look forward to the next 30. We hope you can join us in celebrating on the 11th November.

**The team at Holbeck Together cannot emphasise enough that if we can support you in anyway during the coming months in terms of managing escalating household bills, advice, sign-posting, support or just a friendly cuppa and a chat please do not hesitate to contact us.**

Elissa Newman  
Chief Officer



**SUPPORTING THE HOLBECK COMMUNITY FOR 30 YEARS**

Join us in celebrating this milestone



## Summer outings and trips



On one of the hottest British summers ever recorded Holbeck Together kept the wheels in motion by taking over 200 people to local tourist attractions for some wonderful days out. We visited Cleethorpes, Lytham St Anne's, Blackpool and Scarborough as well as some trips on the Princess River Cruise, Nottingham and East Lancashire Railway!



**'These summer outings have been 5 star!'**

## Strength and Balance Superstars



Across the summer months we've engaged with Leeds City Council's Active Leeds team to deliver a weekly Strength and Balance programme.

**10 individuals** attended weekly sessions at St Matthews and the feedback has been really positive. People have said that the sessions have increased their confidence around the home and in the community, making day to day tasks easier to manage.

We are also excited to announce a new strength and balance programme, 'Joints in Motion with Nuffield Health'.

**The 10-week programme starts on Tuesday 11 October and will take place every week from 10am – 11am at St Matthews.**

Anyone can come along to join in for free – all you have to do is register by calling into the office or on the phone – 0113 245 5553.

## Levelling Up fund

A multi-million pound proposal for regeneration of the centre of Holbeck was submitted earlier this year to a Government funding pot called the 'Levelling Up Fund'.

We were privileged, as the community anchor organisation for the Holbeck area, to be asked to work with



## Hottest day on record!

As the UK basked in the extreme heat, and many offices and services shut down, we knew it was even more vital for us to check in on people. We continued to deliver our meal service ensuring clients still received their friendly daily visit.

**35 people were delighted to receive a freshly prepared quiche, a refreshing ice cream for dessert and a much-needed bottle of water!**

the Council on the submission to the fund. If successful, the bid will include significant investment into improving buildings and outdoor spaces in and around St Matthews Community Centre and Domestic Street and make a visible difference to the Holbeck area.

**We hope to be able to share the outcome before Christmas.**

# Healthy Holidays Summer



“Wow.. I’ve never seen a real giraffe before... they’re soooo tall!”



We’ve had such a fantastic summer with games and group outings galore.

- 1 Healthy Holiday summer of fun
- 7 days of activities
- 86 children
- 813 attendees
- 2,568 healthy meals freshly prepared and provided to all the children.

Not to forget about the parents being able to access some high-quality summer activities for their children to stay active and healthy!

Thank you to our community partners for making this a summer to remember. Partners including National Citizen Service (NCS) – Leeds United Foundation for getting their volunteers to support with lunch preparation and leading activities; Premier Education who helped deliver an engaging programme of activities and PingPong4U for delivering weekly table tennis sessions.



## Christmas Activities Coming Soon



This Christmas we will be providing activities across 19th – 22nd December. More detail will be released late October. Local families are invited to register their interest by calling Matthew on 0113 245 5553 and providing details of how many children and their ages as of December. We will share more detail as we finalise the programme.



# Cost of living crisis – we're here to help



As we continue to hear news about the challenges many households face over the coming months around energy prices and the rising cost of food we want to reassure you that we are here to help you receive all the support you are entitled to.

## How can we help?

Our experienced and trained advisors can offer advice about benefits and where you can access support.

**Become a Member of our Social Supermarket and then each week you can pop along and buy 12 food items for just £3. It's free to sign up.**

**Have you been unwell? Are you struggling to make a hot meal? Are you concerned about shopping for fresh food? Perhaps our outreach meals service (available 5 days a week) can help you through the coming Winter months. A hot nutritious meal for £4 and/or sandwich supper for £2, can be delivered daily to your door.**

Please call for further information (0113 245 5553), or pop into the office, to find out how you can access these services.

Carol Cochrane



HERE  
TO  
HELP

## Keeping people safe

Hi – My name is Carol Cochrane and I have been a member of the Holbeck Together Board for five years. I have recently been appointed as the Board Trustee lead for safeguarding.

Safeguarding is an extremely important matter and taken very seriously by Holbeck Together. It is about reducing or preventing the risk of significant harm to vulnerable adults from neglect and abuse and supporting people to maintain control over their own lives. For children (those under the

age of 18) safeguarding is about protecting them from harm such as abuse, maltreatment and exploitation.

### We have made safeguarding a priority and want to ensure that:

- People are protected.
- The risks of any harm or abuse are minimised.
- Everyone has confidence that their concerns will be dealt with appropriately.
- Everyone at Holbeck Together understands their role in safeguarding.

My role as trustee safeguarding lead includes overseeing and reviewing our safeguarding

policies and procedures and our recruitment policy, and making sure all trustees, staff and volunteers have received safeguarding training. Safeguarding will be an agenda item at every Board meeting, and I will be reporting on our progress in making Holbeck Together an organisation with robust safeguarding practices and arrangements in place.

**If anyone wishes to talk further about our approach to safeguarding or a specific safeguarding concern, then please speak to Elissa or Claire in our office in the first instance and they will provide advice and guidance.**



## Cost of living payment

If the rise in the Cost of Living is a real struggle and you are finding it hard to make ends meet, you may be able to get help from the government or Leeds City Council towards essentials such as bills and food.

You may be able to get a payment to help with the cost of living if you're getting certain benefits or tax credits. If you're eligible, you'll be paid automatically in the same way you usually get your benefits or tax credits.

## Household Support Fund

The Household Support Fund helps hard-pressed local people meet the costs of food, keeping their home warm, paying essential utility bills and other essential living costs.

The bulk of the funding will be used to support people in receipt of Council Tax Support (CTS), meaning households on the lowest incomes will receive support directly and without the requirement for an application process.

**Anyone who needs urgent help with food and household bills can also call the local welfare support scheme on 0113 376 0330.**

## Energy Bills Support Scheme

The government has also committed to giving every household in Great Britain £4.00 off their electricity bill. You don't need to do anything to get the money and you won't have to pay it back.

You'll get the £4.00 discount in six instalments starting from October 2022.

**You'll get £66 in October and November, £67 in December, January, February and March.**

If you have an electricity meter and pay your bills every month or quarter, your supplier will automatically take the amounts off your energy bill each month. If you have a prepayment meter, your supplier will confirm how you'll get the £4.00 closer to October 2022.

**They will either:**

Automatically add the instalments to your energy meter

Or give you the instalments as vouchers by email, text or post. If you get vouchers, you'll only be able to use them for your own energy account.

## Looking after yourself

Your mental health is as important as your physical health. If money problems or worries are affecting your mental health please talk to someone. You can visit your GP or chat with one of the staff team here at Holbeck Together. **We're here to listen.**

## Better Together

We are really excited to announce that we will be starting work on a new project called 'Better Together' over the coming months. This project will be delivered in partnership with Health for All, St Luke's Cares and ASHA.

If you are interested in starting your own group and would like support to get something set up please call us on 0113 245 5553 to find out more.

## Health and Social Activities

FREE

In partnership with the NHS Charities Fund, we are being funded to provide a range of services and activities that support you to stay well.

Join our **Walking Group** at Cross Flatts Park, meeting at the Bridge café on Thursdays at 10am. Walking at your own pace. Complementary drink afterwards. **FREE**

Join our **Joints in Motion** classes on Tuesday Mornings, St Matthews, 10-11am, run by Nuffield Health. **FREE**

NHS CHARITIES  
TOGETHER



# Volunteering



Laura Walton



## Welcoming Laura Walton – our new Volunteer Co-ordinator

Hi, I'm Laura Walton and I am really excited to get started on supporting Holbeck Together with their volunteering.

I have lived and worked in Holbeck for around 23 years. I have a background in support work. I was a Teaching Assistant for 11 years and then moved on to running a local community shop. The community shop enabled me to offer support and help to local people and also work with community groups in the area. I really enjoyed meeting people and building relationships with them. I have also worked as a foster carer which was a really rewarding experience.

I have been a part of lots of different community groups and events and am passionate about helping the local area and people.

I first connected into Holbeck Together as a volunteer myself in the Social Supermarket and I really enjoyed being a part of the team. I now help and support our volunteers and work with them to contribute to the delivery of the services we provide. The volunteers are such a big part of Holbeck Together and give up their free time to help others, it's been great working with them.

I have three dogs that I enjoy taking for walks and taking care of. I love living and working in Holbeck and am excited to see what this new chapter will bring.

If you are interested in finding out how you can volunteer with Holbeck Together just pop into the office or call me on 0113 245 5553.

With continued thanks to our sponsors, funders and supporters:



# reloved

by Holbeck Together

Visit our  
charity shop

Mon & Wed 11.30am – 3pm  
Tue & Thur 10am – 2pm  
St Matthews



Claire Swan

So, from there, we got in touch with Holbeck Together and they had already been talking about setting up a charity shop, which was a real stroke of luck.

We identified space at the back of St Matthews Community Centre, which would be a good spot – we have a beautiful stained-glass window, with lots of light, and we kitted it out with fixture and fittings to transform it into reloved.

**reloved has a very unique atmosphere. As people are buying, they can literally see where their money goes: the exercise class, the coffee morning, the Social Supermarket. Our main priority at reloved is to make the shop a financial success, because all that money goes straight back into the community and the services which Holbeck Together provides.**

It's been great to connect to local textile businesses too, who have been so generous with their advice and support. Holbeck has such a proud heritage in textiles and fashion and it's important to us that we carry that on by supporting local designers and artists in the shop. We sell some fantastic pieces from local designers and they're always so popular, and we'd love to support more people.

I think I'm most proud of the community feel reloved has. As well as local people dropping in and leaving with a bag full of bargains, we also get people

coming from further afield to rummage through our stock too.

We appeal to everyone. And I also like that people come in and have a chat, about Holbeck Together, the local area, the hidden gem they've found on our rails, but also their worries and concerns.

reloved is a real work-in-progress, and our ambition is to move location, to make it more visible and accessible for people to just pop in.

## How You Can Get Involved

We're always looking for volunteers to help us sort through stock, dress the windows and help out behind the till. If you're interested in fashion, design, textiles, secondhand shopping and sustainability and can spare a couple of hours a week to get involved, then drop a line to Laura, our Volunteer Co-ordinator: [laura@holbecktogether.org](mailto:laura@holbecktogether.org)

## Sewing Opportunities

We also have sew-in sessions on Monday and Wednesday, run by three local seamstresses. Just come along if you want to learn new skills, or if you have a project on the go, there will be people on hand to help.

Pop by the charity shop Tuesday to Thursday to find out more or call 0113 245 5553 and ask to speak to Laura.

Over the last couple of years our wonderful charity shop has gone from strength to strength. Established in the midst of the Covid crisis our local shop is slowly building its reputation as a treasure trove of great buys from clothes, to toys to household furnishings. Of course its success is down to all the wonderful volunteers that work in the shop and we met up with Claire Swan who has been there from the beginning...

"I originally trained as a nurse, then worked in Paperchase as I had family and wanted a work/life balance. I also worked at St James' for Age UK, supporting older people coming out of hospital.

I originally got involved in charity shops working at the Samaritans and at St Vincent's. I worked alongside my brother and sister-in-law to help revamp those spaces. After that experience, we started to see the huge potential in charity shops, to make them more of a pleasant shopping experience, rather than a jumble sale!

# A warm space for the community

HERE  
TO  
HELP

As many of you know **St Matthews Community Centre based in the heart of Holbeck, is the main centre for many of our activities – including our Charity Shop – re-located. This significant listed building has been supporting the community for over 150 years.**

As mentioned in the News section we are hoping to be successful in a funding bid which would enable investment into improving the space for future generations.

During Covid the kitchen became a hub of activity enabling us to deliver thousands of meals in and around Holbeck. Now we are back with regular activity it's a joy to see people back in the space again – enjoying the café, and all the other activities on offer – from PingPong to ladies groups and mums and tots there really is something for all generations happening in the space.

Please pop down to find out more about what's on – or just pop in to meet your friends in the café. The team do a fab bacon or sausage sandwich!

## Holbeck Warm Spaces

As we approach late Autumn and Winter St Matthews is, of course, a warm space for people to come together. The building is open most days and we welcome people into the warm space to relax and find some companionship.

We are in conversation with other groups based in Holbeck about how we can all offer warm spaces for people concerned about energy bills and keeping warm this Winter. We will continue to share news about 'warm spaces' available on our social media or just ask one of our staff members about what is available across the week.

**We are working hard to make sure no one goes cold this Winter. If you are a local business interested in supporting this initiative in practical ways with blankets, warm clothes or financial contributions to the charities energy bills please contact Matthew on 0113 245 5553.**





## Find out how we helped Ken 'get digital'

Sean, our Digital Inclusion Officer is on hand to help you with any questions or queries you have about phone or computers.

Ken approached us as he has an iPhone but had no concrete knowledge of how to really use it to benefit him on a day-to-day basis.

Over the course of a number of weeks we have supported Ken to:

- Understand the basic set-up of the phone - how to change font sizes along with brightness, change the password, move icons on the screen around and delete them, and add new apps.
- Start to use the phone for messaging and adding contacts and using e-mails. Ken sent his first email which he was elated about.



- Installed the NHS app and discussed how it could benefit him. Ken has also been able to use his phone to look up medications that are being prescribed and order medication from home.

- He can now also find out about local places such as Middleton Park by visiting their website on his phone.

- We also introduced Ken to the Leodis history site and how to search through the database to find areas that he grew up in and remembered. He is very interested in history and was quite surprised at the amount of information that was available.

- We've explored YouTube and other wellbeing apps that could aid in mindfulness and meditation as Ken had been stressed by his wife being in hospital.

- Using the knowledge, he gained via our support Ken has been able to install books to read, communicate with his bank and renew his passport online.

Would you like to get some FREE 1-2-1 support to help improve your digital knowledge?

Book an appointment with Sean our Digital Inclusion Officer. He can help guide you on managing your energy bills online and checking your energy usage, ordering prescriptions online, online shopping, and accessing SIM Cards with free data.

Contact Sean on Tuesdays and Thursdays on 0113 245 5553 or by emailing [sean@holbecktogether.org](mailto:sean@holbecktogether.org)

## When you care, everyday is special

We're looking for caring and compassionate people to join our amazing team.

If you're interested in making every day as special as you can for older residents and you're willing to learn, we will provide all the training you need.

Current vacancies at Pennington Court, Beeston:

Care Assistant  
Bank Waiting Staff  
Registered Nurse (Nights)

"The residents are like family to me. It's not just a job, it's a passion."

GARETH

## Apply Today

Visit website or scan QR code with your smartphone camera to hear from our staff and view current vacancies.



  
Pennington Court  
BEESTON

Hunslet Hall Road,  
Beeston, Leeds LS11 6TT  
0113 228 4040

  
Westward Care

[westwardcare.co.uk](http://westwardcare.co.uk)

Each event has limited availability and therefore must be booked in advance. For further information please call 0113 245 5553 and speak to Matthew. **All events are at St Matthews Community Centre unless stated otherwise.**



**Don't forget to BOOK**  
Call Matthew on 0113 245 5553

# Weekly Activities Schedule



## Monday

Parents & Tots Coffee Morning at St Matthews. 9:15am-11:15am  
Coffee Shop at St Matthews 10:00am-12:00pm. Various Prices  
Charity Shop at St Matthews. 11:30am-3:00pm.  
Dinner Jackets Lunch Delivery. 12:00pm-1:00pm. £2.50  
Dinner Jacket Lunch at St Matthews. 12:00pm-1:00pm. £2.50  
**NEW** Holbeck Warm Space. St Matthews. 1:30pm-3:00pm. Free

## Tuesday

Coffee Shop at St Matthews 10:00am-11:30am. Various Prices  
Shopping to Morley Town Centre. 9:30am pick-up. 1:30pm return. £5.00  
**NEW** Joints in Motion Wellness Class. 10:00am-11:00am. Free – Starts 11th Oct  
Charity Shop at St Matthews. 10:00am-2:00pm  
Coffee & Connect. A space for young adults. 10:00am-11:30am  
2-course lunch delivered to your door. 12:00pm-1:00pm. £4.00  
3 course lunch at St Matthews. 12:00pm-1:30pm. £5.00  
(Door-to-door transport available from 11:00am onwards for £3.50)  
Friendship Group Afternoon. 2:00pm-3:00pm. £1.00 per session  
**NEW** Holbeck Warm Space. St Matthews. 1:30pm-3:00pm. Free

## Wednesday

Shopping to Morley Town Centre. 9:30am pick-up. 1:30pm return. £5.00  
Coffee Morning at Ingram Court Community Room. 10:00am-12:00pm. £1.00  
Charity Shop at St Matthews. 11:30am-3:00pm.  
2-Course Lunch at Ingram Court Community Room. 12:00pm-1:30pm. £4.00  
(Door-to-door transport available from 11:00am onwards for £3.50)  
2-Course Lunch Delivered to your door. 12:00pm-1:00pm. £4.00  
Craft Afternoon at Ingram Court Community Room. 1:30pm-3:30pm. £1.00 per session  
**NEW** Holbeck Warm Space. St Matthews. 1:30pm-3:00pm. Free



## Thursday

Coffee Shop at St Matthews. 9:30am-11:30am. Various Prices  
Charity Shop at St Matthews. 10:00am-2:00pm  
Holbeck Together Community Shop. 10:30am - 2:00pm.  
2-course lunch delivered to your door. 12:00pm-1:00pm. £4.00  
Line Dancing. 11:30am-12:30pm. £2.00 per session  
Table Tennis Afternoon. 1:00pm-2:30pm. £2.00 per session  
**NEW** Holbeck Warm Space. St Matthews. 1:30pm-3:00pm. Free

## Friday

Coffee Shop at St Matthews. 10:00am-11:30am. Various Prices  
Yorkshire Dance – Dance On. 10:00am-11:00am. Age 55+  
Fish & Chips delivered to your door. 12:00pm-1:00pm. £3.50-£5.00  
Fish & Chip Lunch at St Matthews. 12:00pm-1:30pm. £4.50-£6.50  
(Door-to-door transport available from 11:00am onwards for £3.50)  
Bingo Afternoon. 1:30pm-3:00pm. £1.20 for a strip of six



## Sunday

2-course Sunday Lunch. 12:00pm-1:30pm. £5.00 per meal  
(Door-to-door transport available from 11:00am onwards - £3.50)  
**DELIVERY** 2-course Sunday Lunch. 12:00pm-1:00pm. £5.00 per meal (Oct 30th & Nov 27th)

# Key Dates Older People

All events have limited availability and therefore it is essential that bookings be made in advance.

We politely ask that you please secure your place by paying a non-refundable £5 deposit when booking and pay the remaining balance two weeks prior to the outing and give a minimum of one week's notice of cancellation where possible.

For further info, please call 0113 245 5553 and speak to Matthew.

## October

### Sat 8th Oct

Saturday Shopping to Crossgates. Pick-ups from 9.30am. Return approx. 1.30pm £5.00 return transport

### Mon 17th Oct

Showcase Cinema Outing. Film and showtime TBC. Call for further details. £5.00 return transport (plus cost for cinema)

### Wed 19th Oct

Have your say! Client consultation morning, Ingram Gardens C.C. 10am-11.30am.

### Thurs 20th Oct

Bingo Evening with Pie & Peas Supper. St Matthews 6pm-8.30pm. £4.00 per meal

### Fri 21st Oct

Wear it Pink! Coffee Morning in support of Breast Cancer Research. St Matthews 10am-12pm

### Mon 24th Oct

Group Outing – Barnsley Market. Pick-ups from 9am. Return approx. 3pm. £12.00 return transport

### Tues 25th Oct

3 Course Halloween Lunch. St Matthews 12pm-2pm. £5 per meal

FREE

### Tues 25th Oct

Trivia Quiz Afternoon with Sue & Geoff. 2pm-3.30pm. Free

### Wed 26th Oct

Pumpkin Carving Morning. St Matthews 9.30am-11.30am. £4 per person. All ages welcome.

FREE

### Thurs 27th Oct

Well-Being Breakfast Morning. St Matthews 10am-11.30am. Free

### Mon 31st Oct

Extra Care Group Outing – Murgatroyds. Pick-ups from 10.30am. Return approx. 3pm. £8 return transport

## November

### Fri 4th Nov

Pie & Peas Bonfire Lunch. St Matthews 12pm-1.30pm. £4.00 per meal

### Thur 10th Nov

Meal Outing at The Three Horse Shoes. Pick-ups from 10.30am. Return approx. 3pm. £7 return transport

FREE

### Fri 11th Nov

Holbeck Together 30th Birthday Celebration. St Matthews. 2pm-6pm. Hot buffet served from 3pm onwards. Free

### Sat 12th Nov

Saturday Shopping to Crossgates. Pick-ups from 9.30am. Return approx. 1.30pm £5.00 return transport

### Mon 14th Nov

Showcase Cinema Outing. Film and showtime TBC. Call for further details. £5.00 return transport (plus cost for cinema)

FREE

### Tues 15th Nov

Afternoon Outing. Crown Point Shopping Park. Pick-ups from 1.30pm. Return approx. 4.30pm. Free

### Thurs 17th Nov

Bingo Evening with Pie & Peas Supper. St Matthews 6pm-8.30pm. £4.00 per meal

FREE

### Thurs 24th Nov

Well-Being Breakfast Morning. St Matthews 10am-11.30am. Free

### Thurs 24th Nov

Group Outing to Tong Garden Centre. Pick-ups from 9.30am. Return approx. 3pm. £8 return transport

FREE

### Tues 25th Nov

Trivia Quiz Afternoon with Sue & Geoff. 2pm-3.30pm Free

### Mon 28th Nov

Group Outing – York Christmas Market. Pick-ups from 9am. Return approx 3.30pm. £12 return transport

FREE

### Tues 29th Nov

Create a Digital Christmas Card with Sean. St Matthews 10am-12pm. Free

### Wed 30th Nov

Have your say! Client consultation morning, Ingram Gardens C.C. 10am-11.30am.

## December

### Tues 6th Dec

Afternoon Outing. Christmas Lights Drive in Leeds City Centre. 2pm-4pm. Free

FREE

### Thurs 8th Dec

Shopping Outing, Pudsey Owlcoates. Pick-ups from 10.30am. Return Approx. 3pm. £7.00

FREE

### Fri 9th Dec

Leeds United Lunch at Elland Road. 12pm - 2pm. Free

### Sat 10th Dec

Saturday Shopping to Crossgates. Pick-ups from 9.30am. Return approx. 1.30pm £5.00 return transport

### Mon 2nd Dec

Showcase Cinema Outing. Film and showtime TBC. Call for further details. £5.00 return transport (plus cost for cinema)

FREE

### Tues 13th Dec

3 Course Christmas Lunch. St Matthews 12pm-3pm. Free

FREE

### Thurs 5th Dec

Well-Being Breakfast Morning. St Matthews 10am-11.30am. Free

### Thurs 15th Dec

3 Course Christmas Pub Meal at The Commercial Inn, Churwell. Pick-ups from 11.30am. £20 per meal. £5 transport

FREE

### Tues 20th Dec

Christmas Social Buffet Afternoon. St Matthews 12pm-3pm. Free

### Fri 23rd Dec

Christmas Carol Morning with festive refreshments. St Matthews – 10am-12pm. £2.00 per person

### Friday 30th December –

Welcome 2023! 2-course New Year's Lunch! St Matthews – 12pm-2pm. £5.00 per meal

# SUPPORTING THE HOLBECK COMMUNITY FOR 30 YEARS

Join us in celebrating this milestone

ST MATTHEWS / FRIDAY 11TH NOV  
2PM – 6PM / BUFFET FROM 3PM  
CALL TO BOOK 0113 2455 553

“We are so proud to have been supporting the Holbeck Community for 30 years. It is a privilege to be part of such a wonderful community of people and to contribute to the community spirit on show every day in Holbeck. Friendships have been forged, all generations are made welcome, and we hope the activity, advice and support we provide continues to support the community for another 30 years.”

ELISSA NEWMAN, CHIEF OFFICER

FREE



Holbeck Together

## Christmas Themed Craft Sessions

Join Holbeck Together to get creative and crafty this Christmas. We have a programme of 7 weekly sessions, each with a different activity. Activities include card making, wreath making, tree decorations, festive candle making and Christmas biscuit baking. Every week beginning Wednesday 2nd November at Ingram Court Community Room – 1:30pm-3:30pm £3.00 per session. **Activity materials are purchased in advance so please book your place to avoid disappointment.**



## Holbeck Warm Spaces

Extend the day and join us for a warm and welcoming free afternoon cuppa!

Monday to Thursday  
1.30pm – 3pm  
St Matthews



## Friendship Group Afternoons – making a return

Have fun and form new friendships in a kind and welcoming space on Tuesday afternoons at St Matthews Community Centre. Take part in a variety of activities and games that everyone can join in with. If you are new to our service, you can also learn more about other aspects of what we do. **£1.00 per person with refreshments available.**

## British Library

The British Library are excited to announce they are running 'Get Creative' a project for children aged 11-14 for children who live in Beeston and Holbeck. Children will get the chance to work with artists on different creative activities from printmaking to animation and much more.

Sessions take place every other Saturday at Re:establish on Beeston Road LS11 8ND, from 11am to 3pm. Activities, refreshments and trip costs - free of charge. To find out more or sign up email [taneesha.ahmed@bl.uk](mailto:taneesha.ahmed@bl.uk) or call 07927 582 885

## Holbeck Home Cooking

Join us every Tuesday (27 Sept – 8 Nov), from 4.30pm – 6.30pm at St. Matthews Community Centre for our Home Cooking sessions. Every week we will be making a different dish as a group and then eating our meal together. Under 16s are welcome but, for safety reasons, will only be able to help with certain tasks.

The course is completely free, but booking is essential. To book message Bella on 07867 268 934 or email [bellas@touchstonesupport.org.uk](mailto:bellas@touchstonesupport.org.uk)



## Bingo Evenings with Pie & Peas Supper

Community Bingo evening once a month – see dates in the schedule. St Matthews Community Centre. Pie & Peas supper. **Transport available.**

