

Issue 13 Spring Newsletter

May-June 2023

A warm welcome to you

St. Matthews community centre plays a significant role in facilitating activities and services for the Holbeck Community.

More recently enabling Holbeck Together to provide a designated Warm Space during the challenging winter months for people to connect with others and come together. To share concerns and obtain support.

The infographic below provides a snapshot of what we have been delivering throughout the Winter.

St. Matthews is a hub of activity all year round, with the affordable supermarket, vibrant charity shop "Reloved", a café to pop in and meet friends, lunch clubs, meal delivery services, a children's group and one off events as well as being used by local groups on a regular basis.

We warmly welcome and encourage you to come by and find out about what is happening/sign up for our quarterly newsletter. We have a planned jam-packed activities schedule for the coming months, however please contact us to share your ideas for future events or if you are looking for a space to host a community event.

We look forward to supporting new groups in starting up and thriving. We cannot reiterate enough that the team at Holbeck Together are here to bring your aspirations to reality.

St. Matthews might be the perfect space!

Elissa Newman Chief Officer

NOVEMBER 2022 - MARCH 2023

2,734 1,485 682 Outreach meals delivered Meals served Activity attendances at St Matthews 144 444 Healthy Holidays Winter Independent shopping Accessed transport attendances outing attendances service for events Clients benefitted from 1-2-1 Digital Community drop-ins to access digital support mobile data gifting Food Parcels distributed Welcomed to the supermarket. People supported with People given one-to-Wellbeing Breakfasts one support

Elvis, Elton John and Neil Diamond have been helping us Stay Well This Winter!

The Stay Well This Winter project generously funded by Leeds Community Foundation enabled us to host, free of charge, themed three-course lunches supported by great tribute acts including Elvis, Step Back Into The Sixties, Elton John and Neil Diamond at St Matthews Community Centre.

As well as the delicious food and dancing after dessert, there were some fabulous outfits on show, everyone got into the spirit of the acts with fancy dress. We loved Susan's blue jumpsuit at Step Back Into The Sixties themed lunch, in particular!

They've been a huge hit with our clients, with one commenting, "It's the highlight of my week, coming here!"

We couldn't have hosted our three-course lunches without the support of our fantastic volunteers – and our partners across the city, including British Gas, whose employees donated their time to help run the events.











HAPPY BIRTHDAY KELLY AND SUE!

We are very honoured that members of the community decide to come along to celebrate landmark anniversaries and birthdays with us – including Kelly who celebrated her 30th birthday at our Step Back Into The Sixties lunch and Sue who marked her 70th with our Elton John Tribute Act.





Celebrating Valentine's Day





We shared the love this
Valentine's Day at St Matthews
Community Centre with a
three-course lunch and tables
decorated with heart magnets
made by our craft group. A big
thank you to Janet Foxton at
DW Hunt Florist for our lovely
floral table centres.





It's really important to us that St Matthews is a warm and welcoming space for everyone in the community.

Our café area has recently been decorated, with new comfortable furniture and a TV and free Wi-Fi.

We host coffee mornings, meet-ups and Wellbeing Breakfasts – and we would welcome you to pop-in and let the team know if there are any other activities or events that you would like to see taking place at St Matthews.

Alternatively, call Matthew on 0113 2455553 So, why not pop by for coffee and a cake in our Holbeck Café?





We also want to say a big thank you to our brilliant volunteers from TransUnion who joined us on Valentine's Day, especially Nat, Sarah and Kirsty.

Support and advice

Join us for our Wellbeing Breakfast

We provide a free, drop-in Wellbeing Breakfast every last Thursday of every month at St Matthews Community Centre, 10–11.30am.

You can enjoy a free, hot breakfast alongside the opportunity to speak to other organisations who can support you with your general wellbeing. They can also provide advice on areas such as financial support, housing and health services available.



Supporting Holbeck During the Challenging Winter Months

We know how tough the Winter months have been, especially with the rising cost of living.

As well as opening
St Matthews Community
Centre as a Warm Space,
we have also distributed
104 food parcels, helped 196
people with bespoke oneto-one support, welcomed
140 people to four wellbeing
breakfasts, and welcomed
1,260 people to our
supermarket.

Cost of Living Crisis

We're all feeling the effect in some way of the current cost of living crisis. Do you need fuel or utility support? Support accessing food support? Or are you in-between benefit claims and need some additional support?

Our experienced and friendly team at Holbeck Together are here to support you.

Call in and speak to a member of our team or visit helpforhouseholds.campaign. gov.uk for more details and get help with housing, finance, benefits, health issues and more.

Leeds City Council Mobile Community Bus

HOLBECK DATES & TIMES TUES 10AM-3.30PM THURS 9.30AM-3.30PM

Over the last 12 months it has helped more than 2,300 people.

The friendly team are able to help you with any queries relating to Leeds City Council services, including housing, benefits, Jobshop, library enquiries, debt advice, welfare support and much more.

NO NEED TO BOOK, JUST COME ALONG

The Leeds City Council Mobile Community
Bus is located alongside of St Matthews
Community Centre.



PARENTS + TOTS

Join us every Monday during term-time (9.30 – 11am) for our Parents and Tots group for fun activities, refreshments and a chance to meet with other parents with little ones

Part of the Better Together
Service delivered by four local
charities, Holbeck Together,
Asha, Health For All and
St Lukes Cares, the service offers
Community based health and
Wellbeing activities across inner
South Leeds, funded by Leeds
City Council and Public Health.
Healthy Lifestyles, groups for
fun and friendship, good food,
cultural activities and much more.

Monday 9.30 — 11am

ST MATTHEWS HOLBECK

COFFEE & CONNECT

Every Tuesday during termtime at St Matthews, join us from 9.30 – 10.30am for Coffee and Connect.

A group for parents looking to meet other parents, looking for support into volunteering or employment and training.

This group is funded via our Better Together Partnership



Volunteering



THANK YOU

We can't thank our volunteers enough for all they do to support Holbeck Together in the delivery of our wide range of services and events. Through their dedication we have been able to open the supermarket an additional day each week.

As a volunteer led organisation, the experience of being a volunteer at Holbeck Together is extremely important to us. The well-being of our volunteers is paramount. Volunteering can enhance a CV and lead to employment opportunities, enjoying the social element post retirement and making a difference by getting more involved in the local community.

If you are interested in joining our team or would like some more information, please get in touch with Laura Walton:

Laura@holbecktogether.org
or 0113 245 5553

THERE ARE A WIDE RANGE OF ROLES AVAILABLE INCLUDING

MEAL DELIVERY DRIVERS
CHARITY SHOP ASSISTANTS
PASSENGER ASSISTANTS
LUNCH CLUB SUPPORT
COFFEE SHOP ASSISTANTS

10,920

VOLUNTEERING HOURS PER YEAR



7

Local Businesses Lend a Hand

We are very lucky to have built great relationships with local businesses who encourage their staff to get involved and volunteer with local charities. This often involves getting involved on a particular day to help with hosting events or supporting us with specific project or event.

Companies that are currently supporting Holbeck Together include: TransUnion, British Gas, Irwin Mitchell, Leeds Building Society, Keltbray Highways and Equans.

If you are a local business and interested in getting involved, contact Laura to find out more about opportunities coming up over the coming months.

laura@holbecktogether.org or 0113 245 5553



With continued thanks to our sponsors, funders and supporters:















































































The Healthy Holidays programme provides free engaging and enriching activities with a hot and healthy meal for children and young people during the Easter, summer and Christmas holidays.

> In 2023, Holbeck Together will be delivering activities alongside partners Premier Education at Lane End Primary School. With a fun-filled schedule of multi-sports, games, arts & craft activities and much more for young people aged 4–12 throughout the holiday periods.

Priority places on this project are available to young people who are in receipt of income based free school meals, however there are some spaces available if your child is not in receipt of this benefit.

To enquire about attending or to receive further information about this project, please contact Matthew on 0113 245 5553, or drop by to the Holbeck Together office.

MEXICAN SUPPER EVENING

Join us at Holbeck Together as we enjoy all the culinary delights and fiesta feel that Mexico has to offer!

Book as a family or attend with friends as you explore the variety of dishes that's made this country's cuisine famous.

Please book to avoid disappointment as places are expected to be in high demand.

Pay as you feel -**Donations** welcome

Thur 8th June St Matthews 6-7.30pm CALL TO BOOK 0113 245 5553

KING CHARLES III CORONATION TEA PARTY



FRIDAY 5TH MAY

May marks an historic month as we launch the celebrations for King Charles III Coronation

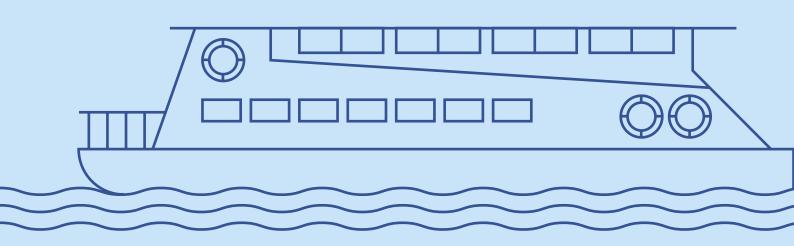


We will be celebrating all week long in the lead up, culminating with a traditional tea party at St Matthews on Friday 5th May from 12:00pm-3:00pm

Places are limited. Please book to avoid disappointment. Call us in the office to book your place 0113 245 5553

JOIN US FOR A STOCKTON ON TEES RIVER CRUISE

MONDAY 26TH JUNE



Following the success of previous years River Cruises in Nottingham, in 2023 we are visiting **Princess Cruises Sister cruise in Stockton on Tees,** where you will be able to enjoy a three-hour cruise along the River Tees alongside enjoying a two-course roast lunch.

PRICE £37
INCLUDES TRANSPORT,
CRUISE AND MEAL

We know this one will be popular, so please book to avoid disappointment. Call us in the office to book your place 0113 245 5553



Each activity and event has limited availability and therefore must be booked in advance. For further information please call 0113 2455553 and speak to Matthew. All events are at St Matthews Community Centre unless otherwise stated.



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MORNING

9:15 - 11:15
Parents & Tots
Morning
St Matthews

FREE

10:00 - 11:30 Coffee Shop St Matthews

11:30 - 2:00 Charity Shop St Matthews 10:00 - 11:30 Coffee Shop St Matthews

9:00 - 9:45 Boxercise St Matthews

FREE

10:00 – 11:00 Chair Based Exercise St Matthews

FREE

10:00 - 2:00 Charity Shop St Matthews 10:00 – 12:00 Coffee Morning Ingram Court

11:30 - 2:00 Charity Shop St Matthews



9:30 – 2:00 Holbeck Community Shop St Matthews

£3 for 12 Food Items PLUS FRESH PRODUCE

9:30 Pick-up from home Shopping to Morley Town Centre. Return 1:30

FREE

9:45-11:30 Coffee Shop St Matthews

10:00 - 2:00 Charity Shop St Matthews 10:00 - 11:30 Coffee Shop St Matthews

10:00 – 11:00 Dance On – Yorkshire Dance St Matthews

FREE

11:30 – 1:00 2-Course Fish & Chip Lunch St Matthews

From £5.50

10:00 – 2:00 Charity Shop St Matthews

AFTERNOON

12:00 – 1:00 Lunch Delivery Dinner Jacket £2.50

12:00 – 1:30 Lunch St Matthews Dinner Jacket

£2.50

1:00 – 4:00 Holbeck Community Shop St Matthews

£3 for 12 Food Items PLUS FRESH PRODUCE 12:00 – 1:00 Lunch Delivery 2-Course

£4

12:00 – 1:30 Lunch St Matthews 3-Course

£5

1:30 – 3:30 Well-Being Movie Afternoon St Matthews

£1

12:00 – 1:00 Lunch Delivery 2-Course

£4

12:00 – 1:30 Lunch St Matthews 3-Course

£5

1:30 – 3:30 Craft Afternoon Ingram Court

£1

12:00 – 1:00 Lunch Delivery 2-Course

£4

11:30 – 12:30 Line Dancing St Matthews

£2

1:00 – 2:30 Table Tennis Afternoon St Matthews

£1

12:00 – 1:30 Lunch Delivery Fish & Chips

From £4.50

1:00 - 2:00 Prize Bingo Afternoon! St Matthews

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MAY ACTIVITIES

Call Mathew on **0113 245 5553** for further info

Tues 2nd May	Afternoon Group Outing – Owlcoates Shopping Centre, Pudsey Pick-ups from 1:30pm. Return 4:00pm	FREE
Fri 5th May	King Charles III Coronation Afternoon Tea Party St Matthews, 12:00pm–3:00pm	FREE
Sat 13th May	Saturday Shopping to Crossgate Pick-ups from 9:30am. Return Approx. 1:30pm	£5 Return Transport
Mon 15th May	Group Outing – Barnsley Market Pick-ups from 9:00am. Return Approx. 3:00pm	£12 Return Transport
Tues l6th May	Trivia Quiz Afternoon with Sue & Geoff. St Matthews, 1:30pm–3:00pm	FREE
Sun 21st May	2 Course Sunday Lunch. St Matthews 12:00pm-2:00pm – Home delivery also available	FREE
Wed 24th May	Have your say! Client feedback morning Ingram Court, 10:00am–11:30am	FREE
Thur 25th May	Wellbeing Breakfast Morning St Matthews, 10:00am–11:00am	FREE
Thur 25th May	Ride the Legend – Flying Scotsman at Keighley and Worth Valley Railway. Pick-ups from 9:00am. Return 3:00pm	£20 Ticket and Transport

JUNE ACTIVITIES

Tues 6th June	Afternoon Group Outing – Tingley Garden Centre Pick-ups from 1:30pm. Return Approx. 4:00pm	FREE
Thur 8th June	Intergenerational Supper Evening – Mexican! St Matthews 6:00pm – 7:30pm	Pay as you feel
Sat 10th June	Saturday Shopping to Crossgates. Pick-ups from 9:30am. Return Approx. 1:30pm	£5 Return Transport
Mon 12th June	Group Outing – Crich Tramway Village Museum. Pick-ups from 9:00am. Return Approx. 4:00pm	£25 Transport and Entrance Fee
Mon 19th June	Pub Meal Outing – The Commercial Inn, Churwell Pick-ups from 11:00am. Return Approx. 2:00pm	£7 Return Transport
Tues 20th June	Trivia Quiz Afternoon with Sue & Geoff St Matthews, 1:30pm–3:00pm	FREE
Sun 25th June	2 Course Sunday Lunch. St Matthews 12:00pm-2:00pm – Home delivery also available	FREE
Mon 26th June	Stockton on Tees River Cruise – 3-hour River Cruise inc. 2-course Roast Beef Lunch. Pick-ups from 9:00am. Return 3:30pm	£37 Transport, Cruise and Meal
Tues 27th June	Step into Summer 3-Course Themed Lunch with Entertainment! St Matthews 12:00pm–2:00pm	FREE
Wed 28th June	Have your say! Client feedback morning Ingram Court. 10:00am–11:30am	FREE
Thur 29th June	Wellbeing Breakfast Morning St Matthews 10:00am–11:00am	FREE

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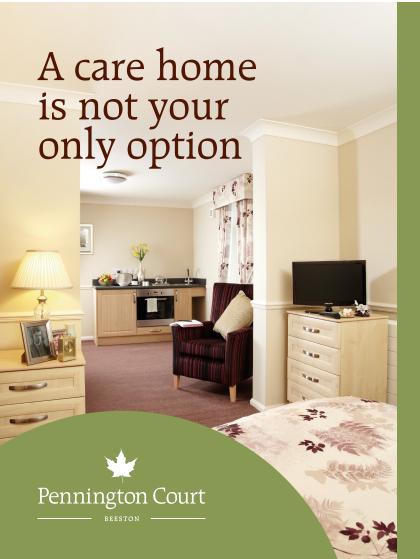
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Book a visit today!

Call us on **0113 228 4040** or email **info@** westwardcare.co.uk

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